

# 2023 Annual **WOMEN'S+ HEALTH** CONFERENCE

**OCTOBER 20-21**

**ALBUQUERQUE MARRIOTT  
PYRAMID NORTH HOTEL  
ALBUQUERQUE, NM**

**A premier women's+ health conference**

featuring local and national experts,  
and presented by:



# 2023 Annual Women's+ Health Conference

## CONFERENCE DESCRIPTION

This conference is intended for physicians, nurse midwives, nurse practitioners, physician assistants, nurses, pharmacists and related health care professionals. As standards of care and evidence based guidelines evolve rapidly in the area of women's health care, presenters at the conference will provide learners with updated guidelines and evidence for practice. Furthermore, learning through simulations will be offered so participants can practice skills to treat postpartum hemorrhage, hypertensive disorders in pregnancy, substance use and miscarriage management among others.

## CONFERENCE OBJECTIVES

1. Participants will be able to integrate newer concepts and knowledge into clinical practice in an appropriate and cost effective manner.
2. Participants will identify partnering opportunities in the provision of women's health care in the current environment of improving diversity, equity, and inclusion practices, patient expectations, and government regulations.

## COURSE DIRECTORS/PLANNING COMMITTEE

### Vivek Katukuri, MD

Conference Course Director  
Assistant Professor,  
Obstetrics & Gynecology  
UNM School of Medicine

### Noelle Borders, DNP, CNM

Midwifery Division Chief,  
Obstetrics & Gynecology  
UNM School of Medicine

### Eve Espey, MD, MPH

Department Chair,  
Obstetrics & Gynecology  
UNM School of Medicine

### Kim Gililand, DNP, RNC-OB, CLNC

Manager of Health Services  
NM School for the Blind &  
Visually Impaired

### Cathleen Hewlett-Masser, DNP, CNM, IBCLC

Certified Nurse Midwife  
American College of Nurse-Midwives

### Keri Rath, MD, FACOG

Obstetrician/Gynecologist  
Chief Medical Officer  
Lincoln County Medical Center

## CONFERENCE SPEAKERS

### Marianna Anaya

Lobbyist  
ACOG New Mexico

### Emily Bui, MD

Division Chief, Obstetric Anesthesiology  
UNM School of Medicine

### Lee Caperton, MD, FACOG

Obstetrician/Gynecologist &  
Reproductive Endocrinology & Infertility  
Caperton Fertility Institute

### Conrad Chao, MD

Professor, Obstetrics & Gynecology  
UNM School of Medicine

### Carly Cloud Floyd, PharmD, PhC, AAHIVP, CDCES, TTS

Clinical Director UNM-AIDS Education  
& Training Center  
Clinician Educator, Assistant Professor  
UNM College of Pharmacy

### Jennifer Crawford, PhD

Assistant Professor, Psychologist  
UNM School of Medicine

### Marie Edd, PT, DPT, WHCS

Physical Therapist  
UNM Health  
Physical Medicine & Rehabilitation,  
Urogynecology

### Marinah V Farrell, Midwife

Director of Organizational Wellness  
Phoenix Midwife & Birth Center Equity

### Radhika Grandhe, MBBS, MD

Assistant Professor, Anesthesiology  
UNM School of Medicine

### Francheska Gurule, MD

Assistant Professor,  
Family & Community Medicine  
UNM School of Medicine

### Poone Haghani Tehrani, MD

Associate Professor, Psychiatry  
UNM School of Medicine

### Lisa Hofler, MD, MPH, MBA

Clinical Vice Chair,  
Obstetrics & Gynecology  
UNM School of Medicine

### Katie Kivlighan, PhD, CNM

Assistant Professor  
UNM College of Nursing

### Jamie Krashin, MD, MSCR

Assistant Professor,  
Obstetrics & Gynecology  
UNM School of Medicine

### Adrien Lawyer, BS

Director of Education  
Transgender Resource Center of NM

### Erin Lorencz, MD

Obstetrician/Gynecologist  
Gallup Indian Medical Center

### Connie Lui, MD, PhD

Obstetrician/Gynecologist  
Community Physician

### Miriam McQuade, MD

Complex Family Planning Fellow  
Obstetrics & Gynecology  
UNM School of Medicine

### Trevor Quiner, MD

Assistant Professor,  
Obstetrics & Gynecology  
UNM School of Medicine

### Susan Rhoades, PT, DPT

Physical Therapist  
UNM Health  
Physical Medicine & Rehabilitation,  
Urogynecology

### Tasha Serna-Gallegos, MD

Assistant Professor,  
Obstetrics & Gynecology  
UNM School of Medicine

### Mollie Abigail Simmons, MD

Medical Director  
University of New Mexico & Presbyterian  
Adult Congenital Cardiology

### Carolyn Smith-Lin, MD

Assistant Professor,  
Obstetrics & Gynecology  
UNM School of Medicine

### David Stromberg, MD

Associate Professor,  
Family and Community Medicine  
UNM School of Medicine

### Emily Wu, MD, MPH

Assistant Professor,  
Obstetrics & Gynecology  
UNM School of Medicine

### Craig Yon, PharmD, PhC

Pharmacist Clinician  
UNM Health Pain Consultation &  
Treatment Center

### Andrew Youmans, MSN, CNM, RN, AACC, FAWM

University of Michigan  
School of Nursing

# 2023 Annual Women's+ Health Conference

**Friday, October 20, 2023**

7:30-8 am	Registration, Breakfast and Exhibitor Expo
8-8:15 am	<b>Welcome and Announcements</b> Vivek Katukuri, MD and Keri Rath, MD, Cathleen Hewlett-Masser, DNP, CNM, IBCLC
8:15-9 am	<b>Plenary: Cardiovascular Disease and Pregnancy: The Role of Women's Health and Pregnancy Providers in Reducing Morbidity and Mortality</b> Andrew Youmans, MSN, CNM, RN, AACCC, FAWM
9-9:30 am	<b>Legislative Update</b> Marianna Anaya
9:30-9:45 am	Break and Exhibitor Expo
9:45-10:45 am	Breakout Session #1
	<b>Feedback in Practice: Principles and Application</b> David Stromberg, MD; Poone Haghani Tehrani, MD
	<b>HIV Updates for Gynecology and Obstetric Providers</b> Carly Cloud Floyd, PharmD, PhC, AAHIVP
	<b>Evolving Approaches to Lactation Pain: Inflammation, Infection, and Hyperlactation</b> Katie Kivlighan, PhD, CNM
	<b>Post Roe Vs Wade Updates</b> Jamie Krashin, MD, MSCR
	<b>Updates on Fasting Guidelines for Obstetric Patients</b> Emily Bui, MD
10:45-11 am	Break and Exhibitor Expo
11-11:45 am	<b>Plenary: Management of Pelvic Organ Prolapse</b> Tasha Serna Gallegos, MD
11:45 am-1 pm	Lunch Groups (Lunch Provided)
	ACOG
	ACNM
	Nurse
	Conference Lunch
1-1:45 pm	<b>Plenary: Infertility</b> Lee Caperton, MD, FACOG
1:45-2 pm	Break and Exhibitor Expo
2-3 pm	Breakout Session #2
	<b>Smoking Cessation</b> Carly Cloud Floyd, PharmD, PhC, AAHIVP
	<b>Chronic Pelvic Pain Management - Multidisciplinary Modalities</b> Radhika Grandhe, MBBS, MD; Marie Edd, PT, DPT, WHCS; Susan Rhoades, PT, DPT; Jennifer Crawford, PhD; Craig Yon, PharmD, PhC
	<b>Rural Medicine</b> Connie Liu, MD, PhD
	<b>Menopause and Sexual Health</b> Carolyn Smith-Lin, MD
	<b>Feedback in Practice: Principles and Application</b> David Stromberg, MD & Poone Haghani Tehrani, MD
3-3:15 pm	Break and Exhibitor Expo
3:15-4 pm	<b>Plenary: Cervical Cancer</b> Emily Wu, MD, MPH
4-4:30 pm	Break and Exhibitor Expo
4:30-5:30 pm	Stump the Fellows
5:30-6:30 pm	Welcome Reception & Poster Session

# 2023 Annual Women's+ Health Conference

Saturday, October 21, 2023

7:30-8 am	Registration, Breakfast and Exhibitor Expo
8-8:15 am	<b>Welcome and Announcements</b> Vivek Katukuri, MD and Keri Rath, MD, Cathleen Hewlett-Masser, DNP, CNM, IBCLC
8:15-9:10 am	<b>Plenary: When the Kids Grow Up: Care of the Adult Woman with Congenital Heart Disease</b> Mollie Abigail Simmons, MD
9:10-9:25 am	Break and Exhibitor Expo
9:25-10:25 am	<b>Breakout Session #3</b>
	<b>Transgender Care in NM</b> Adrien Lawyer, BS
	<b>How the Foster System has Become Ground Zero for the War on Drugs</b> Miriam McQuade, MD
	<b>Updates in Hypertension in Pregnancy/CHAP trial</b> Conrad Chao, MD
	<b>Obstacles and Opportunities: the State of Midwifery across New Mexico</b> Panel Discussion
	<b>Helping Women to Get Their Mojo Back</b> Marie Edd, PT, DPT, WHCS; Susan Rhoades, PT, DPT
10:25-10:45 am	Break and Exhibitor Expo
10:45-11:45 am	<b>Plenary: Birth Sovereignty</b> Marinah V. Farrell
11:45 am-1:00 pm	Conference Lunch (Lunch Provided)
1-2 pm	<b>Plenary: Buprenorphine for the Treatment of Opioid Use Disorder in Pregnancy (MOUD)</b> Panel Discussion Led by Sevy Gurule, MD; Erin Lorencz, MD
2-2:45 pm	<b>Plenary: Physical Therapy Down Under Throughout a Women's Life</b> Marie Edd PT & Susan M Rhoades PT
2:45-3 pm	Break and Exhibitor Expo
2-5 pm	<b>Buprenorphine for the Treatment of Opioid Use Disorder in Pregnancy (MOUD) Training Continued</b> Francheska Gurule, MD; Erin Lorencz, MD
3-5 pm	<b>Simulation: OB Emergency Simulation</b> Led by Trevor Quiner, MD
3-5 pm	<b>Simulation: Evidence Based Management of Miscarriage</b> Led by Eve Espey, MD, MPH; Lisa Hofler, MD, MPH, MBA

## CME REVIEWERS

From the Office for Continuous Professional Learning: Robert P. Giebitz, PhD, Jennifer Harbaugh and Gary A. Smith, PhD


## ACCREDITATION

The University of New Mexico School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of New Mexico School of Medicine designates this live activity for a maximum of 14.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



## Continuing Pharmacy Education (Additional fees will be charged at registration)

 Application for CPE has been submitted for Continuing Pharmacy Education credits through the University of New Mexico, College of Pharmacy, accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider. CPE information will be updated upon approval.

## Non-Physician CE Credits

This program has been approved for *AMA PRA Category 1 Credits™* for physicians. Many societies and credentialing bodies accept the *AMA PRA Category 1 Credits™* as an equivalent as long as the topic is relevant to applicant's field or discipline. To obtain non-physician credit, refer to the guidelines provided by your board to understand specific requirements. Visit [HERE](#), for supporting documentation you can use to apply for CE relevant to this activity. A certificate with a statement of attendance will be provided after the course.

# 2023 Annual Women's+ Health Conference

## REGISTRATION RATES

Advance registration is encouraged. Minimum and maximum registration numbers have been established for this activity, register early to avoid disappointment. Your registration will be confirmed via email, if you do not receive a confirmation email, please contact CPL at [HSC-CPL@salud.unm.edu](mailto:HSC-CPL@salud.unm.edu) to verify your attendance. Please confirm your registration before making travel arrangements. Registration includes conference materials, continental breakfast and lunch on both days and attendance to the welcome reception on Friday.

## CONTINUING PHARMACY EDUCATION CREDIT: FEES

To receive Continuing Pharmacy Education Credits there will be a non-refundable \$170.00 fee added to your registration. The University of New Mexico, College of Pharmacy charges each attendee applying for pharmacy credit.

	Early Bird <i>Before: 9/28/23</i>	Regular <i>9/29-10/17/23</i>	Onsite <i>10/18-10/21/23</i>
MD, DO, PhD <i>Paying with UNM TR</i>	\$460.00 <i>\$450.00</i>	\$500.00 <i>\$490.00</i>	\$525.00 <i>\$515.00</i>
RN, PA, NP, CNM, Others <i>Paying with UNM TR</i>	\$360.00 <i>\$350.00</i>	\$400.00 <i>\$390.00</i>	\$425.00 <i>\$415.00</i>
Residents/Full Time Students	\$160.00	\$200.00	\$225.00

## HOW TO REGISTER

CREDIT CARDS, CHECK OR UNM PR: <https://bit.ly/WHC23>

Checks should be made payable to UNM CPL, include the attendees name and mailed to: The University of New Mexico, Office for Continuous Professional Learning, MSC09 5370, 1 University of New Mexico, Albuquerque, New Mexico 87131-0001. It is UNM policy to charge offerer \$35.00 plus normal merchant bank fees for each returned check. **UNM CPL does not accept POs or paper registrations. All registrations need to be completed online with the link above.**

## UNM TUITION REMISSION:

All eligible UNM faculty and staff may enroll using a UNM Tuition Remission (waiver) to cover tuition costs listed on the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance.

1. Complete the [conference registration form](#) and select you will be paying with UNM Tuition Remission.
2. If you need your supervisors approval to use your Tuition Remission you will need to upload a completed [UNM Tuition Remission Form](#) with proper signatures to the online registration form.

## CANCELLATION

If you pre-register and cannot attend, CPL will refund tuition, less a \$40.00 administrative fee, provided cancellation notice is received in writing on or before October 6, 2023. No refunds will be issued after this date or for non-attendance. Activities are subject to cancellation. In the event this conference is canceled, registrants will be notified via email and will receive a full refund. CPL is not responsible for any airfare, hotel, car rental or other costs incurred by participants.

## CONFERENCE ACCOMMODATIONS

This conference will be held at the Albuquerque Marriott Pyramid North Hotel, 5151 San Francisco Rd NE, Albuquerque, NM 87109. A block of rooms has been reserved for participants of the conference for the nights of October 19, 20 & 21, 2023. Please identify yourself as a participant of the Women's Health Conference, and you will receive the group rate which is \$109.00 (plus tax). Hotel reservations must be received by the hotel on or before September 28, 2023. Please confirm your conference registration before making travel arrangements.

**To make a hotel reservations please contact the hotel directly at 1-800-262-2043 and reference the Women's Health Conference or book online: <https://bit.ly/WHC23Hotel>**

## SPECIAL ACCOMMODATIONS

Individuals requiring special accommodations should contact CPL as soon as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

## Questions?

UNM Office for Continuous Professional Learning  
MSC09 5370 1 University of New Mexico, Albuquerque, NM 87131-0001

Phone: (505) 272-3942

Email: [HSC-CPL@salud.unm.edu](mailto:HSC-CPL@salud.unm.edu)

Web: [goto.unm.edu/cpl](http://goto.unm.edu/cpl)



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